

Step 1: Choose any of our Packages that we offer as your base

GENERAL PACKAGES	WOMEN'S WELLNESS	WOMEN'S COMPREHENSIVE	WOMEN'S GOLD	
GENERAL PACKAGES	MEN'S WELLNESS	MEN'S COMPREHENSIVE	MEN'S GOLD	
BASIC PACKAGES	ESSENTIALS	PRE-MARITAL	SEXUAL HEALTH	
BASIC PACKAGES	BASIC BLOOD	EXECUTIVE BLOOD SCREEN 1	EXECUTIVE BLOOD SCREEN 2	EXECUTIVE BLOOD SCREEN 3

Step 2: Select any Elective Add-on you would like to include in your health screening program

EAO	CAROTID DOPPLER ULTRASOUND	FITNESS LIFESTYLE ASSESSMENT	SEXUAL HEALTH SCREEN (ADD-ON)
EAO	CONSULTANT REVIEW	BREAST ULTRASOUND	DIGITAL MAMMOGRAM
EAO	ALLERGY SCREEN	PAP TEST	PAP TEST + HPV DNA
EAO	DIABETES SCREEN	HYPERTENSION SCREEN	THALASSEMIA SCREEN
INFORMATION	Regular checks for the management of diabetes	For those with a history of blood pressure issues	Help rule out the genetic disorder (<i>Thalassemia minor/trait</i>)
ITEMS	HbA1C, Microalbumin	Microalbumin	Ferritin, Haemoglobin Electrophoresis (HBEP)

INFORMATION	To identify causes of allergies (<i>Food, Seafood, Moulds, Animal/Insects, Dust mites, Misc.</i>)	Screening for cervical pre-cancer cells (<i>previously more commonly known as PAP Smear</i>)	Screening for cervical pre-cancer cells and for high-risk HPV infection in women
ITEMS	Malaysian Allergy Panel (MAP)	Liquid Base Cytology LBC-PAP	Liquid Base Cytology LBC-PAP + HPV DNA
INFORMATION	For patients who wish to see a consultant specialist	For detection of breast cancer and benign breast lesions	For detection of breast cancer and benign breast lesions
ITEMS	Health Screening Review	Ultrasound of both breasts	Mammogram of both breasts
INFORMATION	For at-risk patients; i.e.: diabetes, elevated blood cholesterol, family history of stroke or heart disease (to screen patients for <i>blockage or narrowing of their carotid arteries, a condition that substantially increases the risk of stroke</i>)	Determines how well your heart responds during exercise on a treadmill (<i>reported by our Cardiologists</i>) and how diet can improve your fitness and lifestyle	Screening for sexually transmitted diseases which are mostly asymptomatic
ITEMS	Ultrasound Doppler Carotid/Venous	Stress Test Diet Counselling	Hepatitis A, B, & C Screen, VDRL (Syphilis), Chlamydia, Herpes I & II, HIV Screen

Step 3: Inform our team before your appointment and we will provide you with the relevant details (*i.e. process, additional charges etc.*).

EXAMPLE:

