

PATIENT EDUCATION

PREVENTING FALLS AMONG CHILDREN



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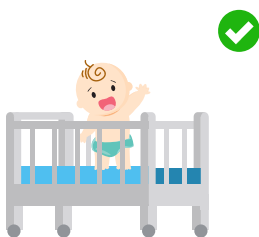
Just like the home environment, children are also at risk of falls when in hospital. Certain health conditions or medical treatments may increase the risk of falling and / or the risk of injury with a fall. These conditions may require extra caution. We appreciate parents' / guardians' participation in the following fall prevention measures:



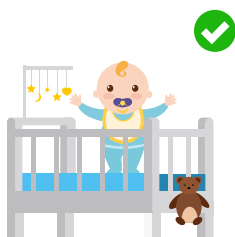
DO'S



Do utilize the cot bed that has been provided, especially for children below 3 years old.



Do raise the side rails completely when leaving your child.



Do keep the child's bed in the lowest position with the wheels locked.



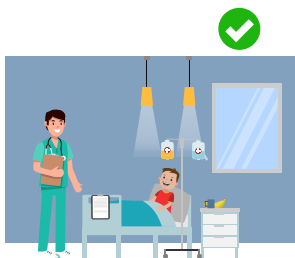
Do secure your child with safety straps when on the stroller.



Do use wheelchairs appropriately, no “wheelies” or other horseplay.

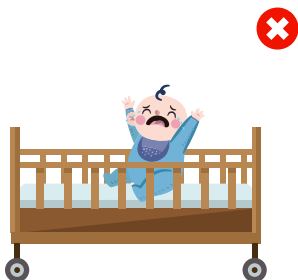


Do make sure your child wears non-slippery shoes when walking in the hallway and that his / her pyjamas are not too long.

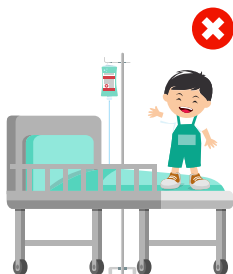


Do maintain adequate lighting in child's room especially at night.

DON'TS



Do not leave your child unattended in the ward and playroom.



Do not place your child on the adult bed, especially children below 3 years old.



Do not allow your child to stand or jump while on the cot bed.



Do not allow your child to climb the furniture.

CONSEQUENCES OF FALLS



Pain



Bruising /
Haematomas



Scratches and
Lacerations



Fractures



Spine
Injuries



Head
Injuries



Intracranial
Bleeding

WHAT TO DO IF YOUR CHILD HAS A FALL

DO NOT PANIC!
CALL FOR HELP!

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